

► Please **dress** in warm, comfortable layers, several thin layers are better than heavy jackets or parkas. Mittens or gloves are essential and please avoid long scarves or hats that dangle. Thin nylon socks keep feet warmer than heavy cotton ones. Avoid all bulky socks in skates. Round backed **helmets** are strongly encouraged for all young beginners. Pointed back bike helmets will not be allowed on the ice.

► Parents are asked to **quietly observe** classes from the bleachers. No parents will be allowed in the rinkside player's boxes.

► All students are strongly encouraged to take full advantage of the practice ice time provided with each program, as a minimum. Additional practice ice is available for purchase, along with **private lessons**, to accelerate your progress, take you to the next level or just work out on a specific skill.

► All skaters enrolled in classes will receive **one dollar off at all public sessions**.

**For More Information call: 576-8118**



[www.wonderlandofice.com](http://www.wonderlandofice.com)

*Wonderland of Ice*  
123 Glenwood Avenue  
Bridgeport, CT 06610

**Anyone can:**

# Learn to Ice Skate

*Just for the fun of it!*



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**2008-2009 Season**

Skating School Director, Lisa Fedick  
(203) 576-8118

## General Information

► The **Wonderland Skating School** is a member of the Ice Skating Institute. *We are committed to promoting ice skating as a recreation for life, while at the same time giving skaters a strong foundation on which to build the more competitive facets of our sport such as figure skating and ice hockey.*

► All classes at the Wonderland Skating School will have a **maximum student to instructor ratio of eight to one.**

► The use of **rental skates** is included with all lesson programs. However, skaters are strongly encouraged to purchase their own skates for consistency. New and used skates are available at the **Center Ice Pro Shop**, located in the Wonderland of Ice. No double bladed skates will be allowed in classes.

► All skaters will be registered with the Ice Skating Institute and will receive the "Recreational Ice Skater" publication.

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## Available at all sessions

**Recreational Skating,  
for the fun of it!**  
*Learn skills that can be part of a  
recreation for life.*

*Introduction to Figure Skating*  
*Become a member of the  
Wonderland of Ice local or  
national competitive teams.*

**Power Skating for Hockey**  
*Give yourself the tools to play the  
game at your highest level!*

## ADULTS

*It's never too late!*

## Beginners

*It's never too early!*



## The Programs

**Wednesdays: 4:30-5:30PM**  
or

**Fridays: 5:00-6:00PM**  
or

**Saturdays: Noon - 1:00PM**  
*Thirty Minute Instruction and  
Thirty Minute Practice Time*

**Ten Week Class Program \$199**

No Classes November 14 & 15, 2008  
No Classes December 24 - 31, 2008

**Mighty Mites and  
Little Rangers Hockey  
Pre-School Programs**

Mon, Wed, Thursday 10:00AM  
Monday & Thursday 2:00PM  
*Thirty Minute Instruction  
followed by Practice*  
**Six Week Program \$95**

**CONTINUOUS SIGN-UPS  
AVAILABLE. START YOUR**

For More Information call: 576-8118

